

Computers, games consoles,
mobile phones etc are the doorway
to the online world.

Think before you post online



Home and Family guidelines

- ☺ Talk together and have fun learning together.
- ☺ Keep virus and firewall software up to-date.
- ☺ Remember that passwords should be kept private and not shared with others. Many eSafety incidents relate back to the sharing of passwords.
- ☺ Involve everyone and agree your family guidelines and rules. Remember that sometimes what is acceptable for a Year 10 child is not necessarily acceptable for a Year 4 child.
- ☺ Regularly discuss online safety and go online with your children. **Communication** is the key to 'staying safe' online.
- ☺ Enable your 'browser safe' search option and/ or consider using internet filtering software, walled gardens and child-friendly search engines. Critically view all content as some websites are not what they appear.
- ☺ Keep the computer in a communal area of the house, where it's easier to monitor what your children are viewing. Do not let children have webcams, or similar, in their bedroom. **Remember any image, sound or text can be copied and viewed by everyone.**
- ☺ Supervise your children at all times if they are involved in virtual playdates.
- ☺ Talk to your children about why they should not give out their personal details. If they want to subscribe to any online service then make up a family email address to receive the mail.
- ☺ We all love to chat and children are no different. Encourage your children to use moderated chat rooms and never to meet up with an online 'friend' without first telling you.
- ☺ Time spent online should be monitored to help prevent obsessive use of the internet. Children need to follow a range of activities many of which will be offline.
- ☺ Encourage your children, and in fact all family members, to tell you if they feel uncomfortable, upset or threatened by anything they see online.
- ☺ Have proportionate responses if the family guidelines are not followed.

AGE RESTRICTIONS FOR SOCIAL MEDIA PLATFORMS AND GAMES

What is the minimum age for account holders on these social media sites, games and apps?

AGE 7

Plants Versus Zombies
Roblox (without messaging)
Minecraft (some versions eg Hour of Code)

AGE 12

Fortnite
Pixel Gun 3D
SIMS

AGE 13

Twitter, Facebook, Instagram, Pinterest, Google, Tumblr, Reddit, Snapchat, Path,
Roblox (with messaging), TikTok,
Minecraft (some versions eg Hour of Code)

AGE 16

Whatsapp, Linkin, PubG

AGE 17

Grand Theft Auto

AGE 18

Call of Duty, PubG (on Xbox One)
Zoom meetings: leading meetings

PARENT SUPPORT: HOW TO HELP YOUR CHILD STAY SAFE ON THE INTERNET

You can find out more about how children use social media, the apps they use, the risks they face, how to report any internet safety concerns and use privacy settings, and advice and tips about how to talk to your children, at:

- <https://www.childnet.com/parents-and-carers>
- www.internetmatters.org
- www.nspcc.org.uk/onlinesafety
- www.askaboutgames.com
- <https://parentzone.org.uk/home>
- <http://www.internetmatters.org/schools-esafety/primary/parent-support/>

FANTASTIC GAMES FOR CHILDREN TO LEARN ABOUT ONLINE SAFETY

<https://www.thinkuknow.co.uk/>