

PARENTS: Graduated Response to Mental Health and Wellbeing Support: Belonging, Compassion, Courage, Perseverance, Trust:

Assess: Clear analysis of pupil's needs: holistic, collaborative assessment, including pupil and/or parent/carer views.

Plan: Adjustments, interventions & support to be put in place based on assessment findings.

Do: Implementation of agreed adjustments, interventions & support.

Review: Evaluation of impact & quality of adjustments and support, along with pupil and/or parent/carer views.

This information feeds into next 'Assess, Plan, Do, Review' cycle.

Specialist support: NELFT (including for bereavement), Early Help, School Health referral and signposting, Young Carers (IMAGO), food bank referrals.

Targeted support:

Kent Pod (children's therapies website), Kent Emotional Wellbeing Team Advice and strategies, KEWT workshops (including to support children with neurodiversity, anxiety, for transitions etc), supporting letters from school, practical support with administration tasks where required, collaboration with other schools, Head teacher/other staff check ins, financial support when needed (school trips, gifts at Christmas, food donations etc), support with advice for transition eg moving from Year 6 to secondary school, charity support eg West Kent Mind (offering creative and social skills sessions), Kent Resilience Hub and Young Minds (both offering advice and resources).

Universal MHEW support for parents:

Open-door policy with the school, email Head teacher, SENCO, Office with quick response, meetings prioritised, parent evenings, looking at children's books, Head teacher on the gate in the morning and Friday afternoon, staff check ins when concerned, last minute meetings when needed, key information offered through the office, regular information and links sent through parentmail, teachers available at the end of the day.